

## Upper EUS (Endoscopy) Prep

**\*\*Unless instructed otherwise by your physician**

If you are having both an upper endoscopy and a colonoscopy follow the colonoscopy prep instructions.

### 1 DAY BEFORE YOUR PROCEDURE

You may have your usual food until 10:00 pm. After 10:00 pm clear liquids only.

### THE DAY OF YOUR PROCEDURE

You may take your prescribed medications (except those listed in the booklet) with water up to 3 hours before your appointment arrival time on the day of your procedure.

Do not use items such as gum, hard candy, breath mints or smokeless tobacco on the day of your procedure.

### CLEAR LIQUIDS

Clear liquids include water, coffee, tea, clear broth or bouillon, Gatorade, PowerAde, carbonated and non-carbonated soft drinks, Kool-Aid or other flavored drinks, clear fruit juices such as apple or white grape juice, Jell-O, or popsicles.

**NO RED OR PURPLE COLORS – NO MILK PRODUCTS – NO ALCOHOL**

**Please call us at 901-747-3630 if you have any questions or if you are having difficulty with the preparation. We are available 24 hours a day, 7 days a week**